



FULL COMPETITION TEAM PROGRAM SCHEDULE

MONDAY

TIME	BLACK ROOM	RED ROOM	WHITE ROOM
4:00PM	ACRO RED	BALLET BLACK	
5:00PM	BALLET RED	BALLET WHITE	JAZZ GREY
6:00PM	STRETCHING/ TECHNIQUE	JAZZ WHITE	
7:00PM	JAZZ RED	CONDITIONING	LYRICAL GREY
8:00PM	LYRICAL INSPIRED	LYRICAL WHITE	

TUESDAY

TIME	BLACK ROOM	RED ROOM	WHITE ROOM
4:00PM	JAZZ INSPIRED		HIP HOP WHITE
5:00PM	BALLET WHITE	TAP INSPIRED	TAP RED
6:00PM	STRETCHING/ TECHNIQUE	HIP HOP RED	HIP HOP INSPIRED
7:00PM	JAZZ BLACK	POINTE	CONTEMPORARY GREY
8:00PM	LYRICAL RED	BALLET INSPIRED	CONTEMPORARY BLACK

WEDNESDAY

TIME	BLACK ROOM	RED ROOM	WHITE ROOM
4:00PM	ACRO BLACK		
5:00PM	PRE POINTE	BALLET BLACK	
6:00PM	POINTE	BALLET GREY	
7:00PM	ACRO RED	CONDITIONING	
8:00PM	CONTEMPORARY RED	LYRICAL BLACK	

THURSDAY

TIME	BLACK ROOM	RED ROOM	WHITE ROOM
4:00PM	MUSICAL THEATER	BALLET GREY	
5:00PM	TAP GREY	CONDITIONING	
6:00PM	MUSICAL THEATER	BALLET RED	
7:00PM	BALLET INSPIRED	CONTEMPORARY WHITE	TAP BLACK
8:00PM	CONTEMPORARY INSPIRED	STRETCHING/ TECHNIQUE	