

## INSPIRED DANCE ARTS FULL COMPETITIVE TEAM GUIDELINES

This program is our demanding, intensive dance training program for dancers who want to thrive in the competitive environment and be fully committed. The students have a chance to be apart of the exciting competitive world of dance and are exposed to all types of environments dance brings. Our full competitive program provides students with well rounded dance training and consists of Ballet, Pointe, Jazz, Tap, Lyrical, Contemporary, Hip Hop, Musical Theatre, Acrobatics, Conditioning and Stretching.

If you are invited to register for our Inspired Dance Arts Full Competitive Program, this is what is to be expected:

- \* Training for 6+ hours during the week
- \* Mandatory additional hours for competition choreography
- \* 5 mandatory competitions, additional fees will apply
- \* 1-2 mandatory dance conventions, additional fees will apply
- \* Master classes, highly recommended
- \* Costumes, additional fees will apply
- \* Dancers will have the opportunity to do small groups, duo/trio, solo at the teachers discretion. These are a privilege, and will have to be earned. Additional fees will apply
- \* All dancers will require an Inspired Dance Arts uniform, additional fees will apply
- \* Dancers will participate in our Annual Showcase
- \* Dancers will participate in our Year End Show
- \* Fundraising opportunities available
- \* 1-2 mandatory summer intensives. Extra classes are offered during the summer for those that are looking for more.